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**Organs:** All organs are made of soft-tissue equivalent materials. Lungs are available with nuclides uniformly dispersed throughout the lung molding material. Optional organs (developed by RSD and not part of the original DOE specifications) are inert but have holes in 2cm<sup>2</sup> grids. These either can be filled with inert plugs or with active capsules to establish any desired distribution within the lungs.

The liver has the same loading flexibility with an additional option designed for use with solutions having relatively short half-lives. This liver is a hollow shell with a fill/drain port. If the liver is not required, it may be replaced with the Abdominal Contents, which are also available with a hole matrix, or active.

**Chest Overlay Plates:** Transuranic emissions from individuals with varying amounts of muscle and/or adipose tissue may be so attenuated as to be undetectable. Chest overlay plates were developed to ensure the validity of in vivo counting of such individuals. There are three sets of plates, each in four graded thicknesses. One set is equivalent to 87% adipose and 13% muscle, another is equivalent to 50% adipose and 50% muscle, and the third is equivalent to 100% muscle. Plates of each material and/or each thickness are available separately.

### Model Numbers

Model No.	Product Description
RS-500	Lawrence Livermore Realistic Phantom

## WORLDWIDE REFERENCE STANDARD FOR IN-VIVO COUNTING

The Lawrence Livermore Realistic Phantom was developed under the direction of the U.S Department of Energy, primarily as a reference standard for the in vivo counting of emissions from low-energy transuranic nuclides. The organs of interest are the

lungs, liver and lymph nodes. Each of these may be radioactive or inert. These organs are accommodated in a male thorax generally similar to average adult males. This phantom contains a synthetic bone skeleton molded within a soft-tissue-equivalent material.

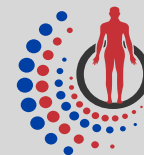
**Targets:** Three sets of concentric circles are drawn in permanent black ink over the torso cover and over each chest overlay plate. They range in 1 in. increments from 1 in. to 5 in. in diameter, with a 5.5 in. diameter outer circle. One set of circles is placed over each lung region, with the outer circle tangent to the inferior aspect of the clavicle and protruding over the sternum. The third set is placed over the liver. A 2cm<sup>2</sup> grid is projected in red ink over most of the chest surface by the same technique that is used for the circles. All targets are consistent among all phantoms.

**Isotopes:** RSD routinely manufactures active organs with isotopes to suit users' needs. Active capsules to fit into the gridded holes are available, or empty capsules can be supplied to be filled by the user. RSD usually supplies the required isotopes, but users may furnish them if so desired. Some isotopes are manufactured only at intervals throughout the year, so delivery is subject to availability. In some cases, calibration costs from governmental sources are subject to wide fluctuations. Isotopes are most often received as calibrated solutions, traceable to the NIST. Organ loading is controlled by micropipetting aliquots from the calibrated solutions. Uraniums and plutoniums are traceable to the NIST by mass. Other isotopes are usually traceable by activity.

### Specifications

Packing Size	Packing Weight
51W x 51D x 51H cm	34 kg
20W x 20D x 20H in	75 lb.

**Publication References:** 1) Acha R, Brey R, Capello K. A Monte Carlo Simulation of the in vivo measurement of lung activity in the Lawrence Livermore National Laboratory torso phantom. Health Phys. 2013 Feb;104(2):211-7. DOI: <https://doi.org/10.1097/HP.0b013e3182765834>. PMID: 23274824. 2) Ahmed AS, Capello K, Kramer GH. Assessment of the chest wall thickness of the Lawrence Livermore torso phantom using a voxel image. Health Phys. 2011 Jun;100(6):574-82. DOI: <https://doi.org/10.1097/HP.0b013e3181f952f>. PMID: 22004927.



### Applications

Calibration standard for the quantitation of in vivo radioactivity

Detector calibration for photons deposited in human organs

In vivo counting of emissions from various isotopes

Organ bioassays for various isotopes

**Soft Tissues:** There are unlimited, small variations in density and absorption throughout the human body. Phantom soft tissue is closely controlled to have the average density of these tissues.

**Skeletons:** RSD skeletons are highly detailed polymer moldings which reproduce the shape, mass density and attenuation coefficients of cortical bone and spongiosa. RSD's proprietary moldings allow for continuous production, eliminate the restrictions of human skeleton bones (including limited availability, unethical collection of human bone specimen, variable size, and uncertain chemical composition), and avoid the loss of marrows in dried natural skeletons thereby making RSD skeletons superior to "real bone."

**Molds:** Molds for the RSD cortical bone and spongiosa were made from human skeletons consistent with the sizes of the soft tissue molds.

**ICRU 44:** RSD skeletons conform closely to the standards established by the International Commission on Radiation Units and Measurements ([ICRU Report No. 44](#)); mass density is reduced slightly to take into account a small decrease in calcium content for older patients.

## LINEAR ATTENUATION DATA

1. Monte Carlo simulation was used to calculate linear attenuation coefficients as a function of beam.
2. Monte Carlo results were validated with linear attenuation coefficients derived from Hounsfield Unit measurements at discreet energy levels.
3. RSD Phantom material linear attenuation data was compared to NIST data using ICRU Report 44 compositions of human tissues.
4. NIST data was interpolated when necessary.

MATERIALS	DENSITY (g/cc)
RSD Soft Tissue (Opaque)	1.08
RSD Soft Tissue (Transparent)	1.10
RSD Cortical Bone	<b>1.83</b>
RSD Trabecular Bone	<b>1.17</b>

RSD SOFT TISSUE					
Energy (MeV)	Mean (HU)	Calculated (M)	$\mu$ (ICRU 44)	% Difference	Ratio
00.08	60.30	0.1948	0.1932	0.0080	0.9921
00.10	52.88	0.1797	0.1795	0.0015	0.9985
00.12	57.10	0.1717	0.1709	0.0044	0.9956
00.14	52.95	0.1623	0.1624	0.0007	1.0007
00.20	--	0.1477	0.1439	0.0261	0.9746
00.30	--	0.1245	0.1246	0.0004	1.0004
00.60	--	0.0950	0.0941	0.0101	0.9900
00.80	--	0.0825	0.0826	0.0013	1.0013
01.00	--	0.0744	0.0743	0.0018	0.9982
02.00	--	0.0520	0.0519	0.0018	0.9982
03.00	--	0.0351	0.0357	0.0171	1.0174
06.00	--	0.0288	0.0291	0.0088	1.0088
08.00	--	0.0252	0.0255	0.0098	1.0099
10.00	--	0.0229	0.0232	0.0149	1.0151
15.00	--	0.0203	0.0203	0.0015	0.9985
20.00	--	0.0189	0.0189	0.0017	1.0017

RSD CORTICAL BONE					
Energy (MeV)	Mean (HU)	Calculated (M)	$\mu$ (ICRU 44)	% Difference	Ratio
00.08	1365	0.4345	0.4280	0.0151	0.9851
00.10	1048	0.3496	0.3562	0.0184	1.0188
00.12	0977	0.3211	0.3274	0.0191	1.0195
00.14	0902	0.2932	0.2986	0.0180	1.0184
00.20	--	0.2511	0.2513	0.0009	1.0009
00.30	--	0.2155	0.2137	0.0084	0.9916
00.60	--	0.1596	0.1598	0.0011	1.0011
00.80	--	0.1403	0.1402	0.0010	0.9990
01.00	--	0.1274	0.1261	0.0106	0.9895
02.00	--	0.0883	0.0885	0.0017	1.0017
03.00	--	0.0611	0.0625	0.0229	1.0235
06.00	--	0.0512	0.0525	0.0246	1.0253
08.00	--	0.0468	0.0474	0.0120	1.0121
10.00	--	0.0446	0.0444	0.0039	0.9962
15.00	--	0.0410	0.0409	0.0016	0.9984
20.00	--	0.0393	0.0397	0.0102	1.0103

RSD TRABECULAR BONE (SPONGIOSA)					
Energy (MeV)	Mean (HU)	Calculated (M)	$\mu$ (ICRU 44)	% Difference	Ratio
00.08	551	0.2849	--	--	--
00.10	515	0.2586	--	--	--
00.12	439	0.2337	--	--	--
00.14	318	0.1541	--	--	--